

Coastal by Nature

What makes *The Good Life* in Brunswick Forest even better?



Year after year, Brunswick Forest wins national awards and accolades for its amenities and lifestyle, ranging from having the best walking trails and pickleball programs to being one of the top 50 best places to retire in the U.S.

But what do our residents say makes Brunswick Forest such a special place to live?

Recently, we asked a few, and their answers may surprise you. While location, weather and amenities are the main reasons folks find our community in the first place, it turns out it's the residents themselves that are the reason people stay and call Brunswick Forest home.

John & Barbara McAlick, residents of our Shelmore neighborhood, made the move from central New Jersey in 2014. The couple had originally intended to

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make their retirement home in Hilton Head, South Carolina, but one visit to Brunswick Forest sold them on the community and its active lifestyle. Five years later, the McAlicks are completely embedded in the community. "We love living in Brunswick Forest for many reasons," they said. "The most important is the wonderful sense of community, the activities with friends, and concern for neighbors.

"The social engagement here is extraordinary." - Barbara McAlick



John & Barbara McAlick



Mike & Tee Leffin

Mike and Tee Leffin are also no strangers to Brunswick Forest's active lifestyle. In fact, the Leffins have a hand in organizing many community events, from holiday dinners in historic downtown Wilmington to their version of the "Amazing Race", to a community cooking challenge.

Originally hailing from Madison, Wisconsin, the Leffins moved to Brunswick Forest in January of 2016. "We left Madison during a snowstorm and just never looked back; it was the best decision that we ever made," said Mike. "It's very difficult for us to pick a favorite activity at Brunswick Forest, because there are just so many ways to have a great time," continued Mike.

"We have had many friends in the past, but nothing like the friendships we've developed at Brunswick Forest." - Mike Leffin

"There's an energy that resonates throughout the community, filled with friends who support each other. We are truly blessed for all we have gained by moving here," agreed Kevin and Cathie Carpenter, originally from Timonium, Maryland.

"We never thought our calendar would be so full when we retired."

- Cathie Carpenter

The couple was attracted to Brunswick Forest for its energetic lifestyle and proximity to the Atlantic Ocean. They also enjoy being a part of the Pickleball Club.

"We're constantly on the go, and you never have to worry about counting your steps, because you're moving all the time," Kevin explained.



Cathie & Kevin Carpenter



Richard Holloman (far right)

Pickleball has been instrumental in fostering friendships throughout Brunswick Forest. Just ask Richard and Julia Holloman, North Carolina natives who moved here in 2014. Richard has been an advocate for the sport since day one and is one of the owners of the House of Pickleball, a new indoor pickleball facility right next to Brunswick Forest.

"I tell people all the time, if you are new to Brunswick Forest, the best way to meet people in the community is to join the Pickleball Club."

- Richard Holloman

Jan Yager seconds that opinion. She is president of the Brunswick Forest Pickleball Club. She describes a vibrant social atmosphere surrounding the sport, on and off the courts. "We even get together to play and then go out to a local pub afterward," she said. Jan's husband Bill is an avid tennis player, which has built his social network as well. Jan is also a passionate mahjong player.

"We try to be well rounded at Brunswick Forest. We participate in a lot of different activities and take a number of the classes offered at the Fitness Center. It has helped us meet all kinds of different people." - Jan Yager

Indeed. While many types of people with different interests live in Brunswick Forest, there is no question that here, they have found common ground.



Jan & Bill Yager

In & Around What've You Been Up To?



Park West Neighborhood Highlight

This year, we have added four new neighborhoods overall in Brunswick Forest, one being Park West. It's a popular neighborhood that offers carefree living, luxury features and a remarkable value. Homebuyers can choose from three builders and nearly 20 floor plans, all designed around efficiency and affordability. These coastal home designs are thoughtfully planned to maximize living space and are just a stone's throw away from our newest amenity center, as well as our other luxury amenities.





AA Storage

ATMC

Austin Southeastern Oral and
Maxillofacial Surgery

BB&T Bank

Berry Financial Services, Inc.

Blue Wave Dentistry

Brunswick Business
& Industry DevelopmentBrunswick Forest
Veterinary Hospital

CAMS

Carolina Marketing

Cherubini Orthodontics

Coastal Dance Academy

Coastal Integrative Health

Cutler Community Center

CVS Pharmacy

Edward Jones

EmergeOrtho

Family Dog Naturals

Farm Bureau

Farmhouse Kitchen

Hairology

Hollywood Nails

House of Pickleball

Legacy Homes by Bill Clark

Lowes Foods

New Hanover Regional
Medical Center

Pizzetta's Pizzeria

Port City Java

Shuckin' Shack

State Farm

Swell Vision

The Joyce Irish Pub

The Shoe Center

True Homes Design Studio

Cape Fear National Golf Course Acquired by South Carolina Management Company



In early September, Atlantic Golf Management acquired Brunswick Forest's Cape Fear National® Golf Course. The company is based in Murrells Inlet, S.C., which is part of the greater Myrtle Beach area. Also known as The Grand Strand, the region is well known for its numerous quality golf courses.

According to Atlantic Golf Management president Chip Smith, the company has an excellent reputation for its hands-on approach to business operations. He expressed the firm's desire to maintain the course's quality and continue to provide an exceptional golf experience for Brunswick Forest residents and the public.

Atlantic Golf Management also owns Brunswick Plantation in nearby Calabash, N.C. The sale of Cape Fear National marks the last course in the Leland area to be bought by an outside firm.



Chip Smith



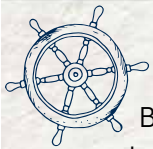
Ingredients:

- 2 14.5-oz. box refrigerated pie dough
- All-purpose flour, for dusting
- 2 tbsp unsalted butter (at room temp)
- 1/2 cup granulated sugar
- 1 1/8 tsp ground cinnamon
- 5 assorted apples (about 2 lbs)
- Juice of 1 lemon
- 1 tsp vanilla extract
- 1 large egg, lightly beaten
- 2/3 cup confectioners' sugar
- 1 tbsp milk, plus more if needed



Start by placing one pie crust on a sheet of wax paper. Brush with melted butter and sprinkle with sugar and cinnamon. Roll dough into a large log, and cut into 1" slices. Place slices into a 9" pie dish and lightly press until they form a crust all over the bottom and sides of the dish. Brush with a little more butter and refrigerate. Make another cinnamon roll log and cut it into 1/2" slices, and place them in a circle on a sheet of wax paper. Place another sheet of wax paper on top and

roll them into a circle for the pie top. Mix apples with lemon juice, vanilla, and remaining sugar & cinnamon. Place apple mixture on top of cinnamon rolls that are in the bottom of the pie dish, then cover them with the other cinnamon roll pie top. Crimp edges and trim excess. Brush with egg and bake at 400°F until golden brown and bubbling (about 45 min). Cool on a rack and whisk together confectioners' sugar and milk to make a glaze, adjusting milk to get desired consistency. Pour over top and serve.



From the Helm



Back at the beginning of September, I was talking with some friends whose children were about to leave for college. They described mixed emotions: the excitement of going to a new place and having new experiences, yet feeling apprehension about leaving family, friends and familiar surroundings.

It got me thinking how similar those feelings are for many people who retire to Brunswick Forest.

Shopping for a retirement community is, after all, similar to visiting several college campuses before choosing where you want to be. It's a big decision, and in both cases you are looking for the right fit.

In college, people looking to engage might join a social group, learn new hobbies, sign up for clubs or do volunteer work to fill their free time. Here, residents have all those opportunities, and more. I constantly hear residents say if they had known how much fun and how fulfilling life at Brunswick Forest would be, they would have found a way to get here sooner.

It's fascinating to see how our residents embrace all kinds of opportunities to keep their minds and bodies active, from

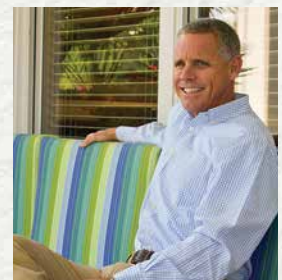
continuing education classes at the local community colleges or UNCW, to taking advantage of the vibrant cultural scene, to learning new sports like pickleball.

Team spirit is another way the college mindset is alive and well here. In addition to bringing their loyalties to their college and professional sports teams with them, residents of various neighborhoods often band together in friendly competition and socialization. You will find neighbors teaming up to compete in the annual Cardboard Boat Regatta, challenging each other on the golf course, or getting together for a picnic during an outdoor concert in the park.

What is remarkably different, I'm sure, is the living situation. Not only does their new home beat dorm life, the amenities package certainly won't remind them of college either.

Here's wishing you all a happy fall, and a successful football season at your alma mater!

Cheers,



Jerry Helms, *Director of Sales*