

STARTERS

Grouper Fingers \$10

Fried grouper pieces with Key lime tartar.

Pretzel Sticks \$8

Cheddar ale sauce and spicy brown mustard.

Chicken Tenders \$9.5

Breaded chicken choice of dipping sauce.

Mozzarella Impanato \$8.5

A large brick of mozzarella cheese fried golden brown with tomato basil dipping sauce.

Crab Dip \$12

Traditional cream cheese, spices, blue crab grilled naan bread and house chips.

Potato Skins \$8.5

Chili, scallion, bacon, cheddar ale, green onions.

Wings \$12

Ten jumbo cut wings choice of hot, BBQ, Mild, or Thai chili. With celery, blue cheese or ranch.

Cheese Quesadilla \$9

Pepper jack cheese crispy jalapeno tortilla. Add chicken \$2

Loaded Hot Dog Sliders \$10

All beef mini hot dogs with chili, onions, and cheddar ale.

SOUP & SALAD

Soup Du Jour cup \$4 | bowl \$6

Chili Crock \$8

House made chili con carne with cheddar and tortilla chips.

French Onion \$7

House made with caramelized onions, croutons and provolone gratin.

Hummus Plate \$10

Hummus, kalamata olives, red onions, cucumbers, feta cheese, roasted tomatoes and Naan Bread.

Mediterranean Salad \$10.5

Mixed greens, kalamata olive, feta cheese, roasted tomatoes, pepperoncini, cucumbers, and red onion. Kalamata and feta dressing.

Add Chicken \$2

Add salmon, tuna, shrimp or red drum for \$4*

Caesar or House Salad \$8.5

Add Chicken \$2

Add salmon, tuna, red drum or shrimp \$4*

Spinach Salad \$10.5

Strawberries, bacon bits, red onions, croutons, eggs, and blue cheese crumbles.

Add Chicken \$2

Add salmon, tuna, red drum or shrimp \$4*

Harvest Salad \$10.5

Mixed greens, candied pecans, dried fruit medley, blue crumbles, tomatoes, carrots, cucumbers, and red onion.

Add Chicken \$2

Add salmon, tuna, red drum, or shrimp \$4*



THE FOREST
AT CAPE FEAR NATIONAL

SANDWICHES

All Sandwiches come with your choice of one side item.

Side Items: French fries, house chips, fresh fruit, grilled vegetables, coleslaw, house or Caesar salad. Add Soup du jour, onion rings, sweet potato fries \$1
Add French onion soup \$1.50 Add Chili \$2

Pork Bahn Mi \$12

Tender pork ribeye, pickled vegetables, cucumbers, and coconut aioli on a crispy demi baguette.

Hot Beef and Cheddar \$12

Hot prime rib piled high on a toasted baguette with cheddar ale sauce.

Forest Wrap \$11.5

Grilled or blackened chicken on flour or jalapeno tortilla with mixed greens, tomatoes, shredded pepper jack cheese and tzatziki sauce.

Substitute salmon, tuna, red drum or shrimp \$4*

Portabella Burger \$12

Grilled steak-burger* or chicken breast topped with a grilled portabella mushroom, apple-wood smoked bacon, and muenster cheese on a toasted Kaiser roll.

The Eagle \$10

Grilled steak-burger* or chicken breast, lettuce, tomato, onion and choice of cheese on a toasted Kaiser roll.

Carolina Burger \$12

Grilled steak-burger* or chicken breast topped with our house chili, and cole slaw on a toasted Kaiser roll.

Fish Sandwich \$13.5

Grilled or blackened salmon, red drum, tuna*, or shrimp on a toasted baguette with Key lime tartar.

Meatball Hero \$11.5

Italian meatballs, tomato basil sauce parmesan and mozzarella cheese on a garlic toasted baguette.

Greek Turkey \$12

Hot turkey breast, red onions, cucumbers, tomatoes and feta cheese on grilled garlic naan bread with herb vinaigrette.

BLT \$10

Crispy apple-wood smoked bacon, leaf lettuce, tomatoes and mayonnaise on choice of bread.

Half and Half \$8

Create your own combo by selecting two of the following:

Soup, house salad, Caesar salad, fruit, or half croissant deli sandwich. Add French onion soup for 1.5

Croissant Deli Sandwich \$9

Choice of chicken salad, tuna salad, turkey, pastrami, or ham on a butter croissant or your favorite bread.

Pastrami Reuben \$12

Sliced pastrami, sauerkraut, swiss cheese and thousand islands dressing on grilled rye bread.

French Croissant Dip \$13.5

Tender prime rib of beef on a butter croissant with provolone cheese and au jus for dipping.